



2024 Senior Living in Alexandria Speaker Series

A photograph showing a woman in a pink shirt and white pants kneeling on a sidewalk, assisting an elderly man in a light blue shirt who is leaning on a cane. They are outdoors with green foliage in the background.

FALL PREVENTION PROGRAM AND SCREENING OF SAVING CLAIRE

WITH SENIOR SERVICES OF ALEXANDRIA, AT HOME IN ALEXANDRIA,
AND NORTHERN VIRGINIA FALLS PREVENTION ALLIANCE

WEDNESDAY, FEBRUARY 21 ST – 1:00-3:00PM
BEATLEY CENTRAL LIBRARY, 5005 DUKE STREET

Senior Services of Alexandria and At Home in Alexandria are teaming up with the Northern Virginia Falls Prevention Alliance for a special Fall Prevention Workshop including the screening of the documentary "Saving Claire" about one woman's life after a fall. This will be followed by a panel discussion on the importance of fall prevention.

THE EVENT IS FREE, BUT PLEASE REGISTER BY EMAILING
EVENTS@SENIORSERVICESALEX.ORG OR CALL 703-836-4414, EXT. 110.