

**2023 "SENIOR LIVING IN ALEXANDRIA" WORKSHOP**

**SENIOR SAFETY & AWARENESS**

**THURSDAY, OCTOBER 19, 10 - 11:30 AM**



Come to hear local experts discussing the topics you need to keep safe inside and outside your home.

This includes:

- Fall Prevention
- Stroke Awareness
- Home Safety
- Prescription Interactions

**Join Us**

**Westminster Presbyterian  
Church  
2701 Cameron Mills Road  
Alexandria, VA**

Please RSVP online at  
[seniorservicesalex.org](http://seniorservicesalex.org) or call  
(703) 836 4414 ext. 110