



**2023 "SENIOR LIVING IN ALEXANDRIA" WORKSHOP**

**MORNING WITH POET C. THOMAS-ALEXANDRIA-BERNARD**

**WEDNESDAY, FEBRUARY 15, 11 AM**

**You Are!**

A morning with C. Alexandria-Bernard Thomas, Poet: "You Are" is a writer's workshop introducing seniors to poetry. Participants will engage in conversation and unique writing exercises.

**Join Us**  
**Beatley Central Library**  
**5005 Duke Street**  
**Large Meeting Room**  
**Alexandria, VA**

Please RSVP online at [seniorservicesalex.org](http://seniorservicesalex.org) or call (703) 836 4414 ext. 110

**LIMITED TO 25 PARTICIPANTS**

