



*City of Alexandria  
Division of Aging and Adult Services*

# *Caregiver Support Group*

Caring for an elderly friend or relative? Join us for a monthly support group that includes caregiving strategies, support and resources.

*1<sup>st</sup> Wednesday of Every Month  
4 - 5:30 p.m.*

Alexandria Adult Day Services Center  
1108 Jefferson Street (Rear)  
Alexandria, VA 22314

For more information and to register, contact  
Jennifer Sarisky at 703.746.5999 or  
email [DAAS@alexandriava.gov](mailto:DAAS@alexandriava.gov).



Department of Community  
and Human Services  
[www.alexandriava.gov/Aging](http://www.alexandriava.gov/Aging)