

A 2019-2020 Speakers Series Program

ON THE MOVE: TRAVEL NEAR AND FAR

THURSDAY, NOVEMBER 14, 2019

On the Move: Travel Near and Far

Come Learn All About:

- The health benefits of travel for older adults
- Leisure travel and enrichment opportunities
- What DASH is doing to improve services for city residents
- A relaxing way to see the sights along the Potomac River

Join Us

Thursday, November 14, 2019

10:00 am - 12:00 noon

Registration and Refreshments - 9:30 am

Westminster Presbyterian Church
2701 Cameron Mills Road
Alexandria, VA

This program is free of charge.

Please RSVP online at
seniorservicesalex.org or
by calling (703) 836 4414 ext. 110

Program Speakers Include:

- AARP
- DASH - Alexandria Transit Company
- Entertainment Cruises
- Roads Scholar Travel Program

