

# Senior Services

CARING  
CONNECTION



There are 22,000 Alexandrians over the age of 60.



Over 5,100 of our residents 65 and older live alone.

Senior Services of Alexandria (SSA) has served some of the City's most vulnerable residents for over **50 years**. Caring Connection provides immediate follow-up check-ins for patients post-discharge from a medical or rehab facility. Staff conduct in-home visits and change of condition monitoring while also providing meals. The goal of Caring Connection is to provide nutrition and monitoring to vulnerable seniors while sharing critical information to health care professionals in order to reduce the likelihood of readmissions. Seniors will be able to maintain their independence while receiving check-ins, healthy meals, and guidance in the comfort of their own home.

SSA's Caring Connection is designed to be proactive.

- Daily meal service delivered by **paid trained staff** for a fixed period, typically 30-90 days
- Delivery drivers ask pre-determined questions (chosen by each healthcare provider) relating to health status, living conditions, possible falls, etc.
- Significant changes in condition recorded and tracked using HIPAA-compliant software, and immediately reported back to healthcare providers for appropriate follow up.
- Software-based tracking, reporting and incident follow-up
- Monthly report summarizing all client deliveries and condition reports issued to the healthcare provider
- Option to transition to volunteer-based Meals on Wheels after completion of Caring Connection services



Paid staff deliver meals and conduct change of condition checks

Program Zip Codes:

22301, 22302

22304, 22305

22311, 22312

22314