

# Senior Services

OF ALEXANDRIA

## 2018/2019 SPEAKER SERIES EVENT

FRIDAY, OCTOBER 19TH

### TAKING THE HEALTH CARE JOURNEY: WHAT YOU NEED TO KNOW

Planning ahead for a Health Emergency -  
What you need to know to have a better  
hospital stay, and a smooth transition after  
discharge!

Join with representatives of INOVA,  
Senior Services of Alexandria and other  
community-based skilled service providers  
who will help you solve the puzzle that  
can surround a hospitalization and  
subsequent discharge.

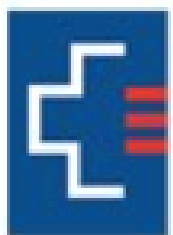
### JOIN US!

Friday, October 19th  
10:00 a.m.-Noon  
(Registration at 9:30)

Beatley Central Library  
5005 Duke St  
Alexandria, VA

This event is free and open to the  
public. Refreshments will be  
provided.

Please RSVP online at  
[www.seniorservicesalex.org](http://www.seniorservicesalex.org) or by  
calling (703) 836 4414 ext. 110.



# INOVA®

