

Inova Trauma Services Presents

Learning and Living for Safer Generations



When:

Saturday, October 13, 2018
10:00-2:30

Where:

Inova Fairfax Medical Campus
Physicians Conference Center, Lower
Level, 3300 Gallows Rd,
Falls Church VA 22042

Contact:

Linda Watkins
Inova Injury Prevention Coordinator

Register/questions/requests for
accommodations: (703) 776-3259 or
linda.watkins@inova.org

Online registration available at:
<https://www.surveymonkey.com/r/InovaFPD2018>

What:

Highlighting strategies to be active and safer:

- GRANDPARENTING 101
 - Car Seat Demonstrations
 - Becoming Tech-Savvy
 - Generation Safety
- Be Falls-Free at Home and in the Community
 - Falls risk screenings
 - Medication checks
 - Home and community safety
 - Exercise and body awareness
 - Assistive items

***Refreshments, Workshops,
Resources***

