

The Need To Plan

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I "I'll get around to it." Nearly everyone says it, and with good intentions at that. Planning for the future can be tedious or even unpleasant to some but it is a key, first step towards taking control of your destiny.



What legal and financial considerations should I address? What documents do I need? Why is this important, and what happens if I do nothing?

SENIOR SERVICES OF ALEXANDRIA

On Oct. 15, Senior Services of Alexandria (SSA) and the Alexandria Bar Association will host its sixth annual Senior Law Day event, "Determining Your Destiny: Understanding the Need to Plan." Here, local experts from the Alexandria Bar Association, estate and financial planners, and geriatric care managers will discuss the importance of planning. Conversations will include what legal instruments everyone should have, and how a person can take an active role in decision-making in both formal and practical settings. There will be opportunities to ask questions of the panelists, and a visit a host of community providers and vendors.

Senior Law Day is a free event, and runs from 8:30 a.m. – 12:30 p.m. on Saturday, Oct. 15. It is held at the First Baptist Church on 2932 King St. in Alexandria, and plenty of free parking is available. Light breakfast will be provided, as well as the AARP "Shred" truck during the event. Please bring materials for shredding.

You can register online at seniorservicesalex.org or call Senior Services at 703-836-4414, ext. 110.

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