

## OPINION



Dreamdog Foundation's annual delivery of greeting cards and flowers to seniors to meals on wheels clients.



Members of Senior Services' board deliver weekend Meals on Wheels.



July 4<sup>th</sup> volunteers celebrate the holiday with Meals on Wheels clients.

PHOTOS CONTRIBUTED



**Groceries to Go Volunteers**  
Emmy Freedman and Dianna Baltimore with Giant Food employees checking out groceries for delivery.

## Thanks to Summer Volunteers

Despite the heat, Senior Services of Alexandria's volunteers are out serving the community by delivering

Meals on Wheels and Groceries to Go; seeing seniors every week for friendly visits; and delivering free pet food for animals of seniors in need through our "Animeals" program.

**SENIOR  
SERVICES OF  
ALEXANDRIA**



Rotary of Alexandria President Tom Roberts and Norma Roberts.



Friendly Visitor pair Courtney Weitekamp and Sylvia celebrating a special birthday.