



**Division of Aging and Adult Services**  
 Department of Community and Human Services  
 4401 Ford Ave., Suite 103  
 Alexandria, VA 22302  
 Main Number 703.746.5999  
 Fax: 703.746.5975  
 www.alexandriava.gov/aging

## Demographic Profile Older Adults -- Alexandria<sup>1</sup>

As of 2013, the Alexandria population age 60+ was 20,892. The following offers some details.

	Male	Female	Total
Total population	69,448	74,236	143,684
<b>AGE</b>			
<b>55 to 59 years</b>	3,750	4,677	8,427
<b>60 to 64 years</b>	3,472	3,935	7,407
<b>65 to 69 years</b>	2,361	2,747	5,108
<b>70 to 74 years</b>	1,250	1,485	2,735
<b>75 to 79 years</b>	833	1,410	2,244
<b>80 to 84 years</b>	625	1,039	1,664
<b>85 years and over</b>	694	1,039	1,734

	Male	Female	Total
<b>AGE</b>			
<b>55+</b>	12,987	16,332	29,319
<b>60 +</b>	9,237	11,655	20,892
<b>65 +</b>	5,764	7,721	13,485
<b>75 +</b>	2,153	3,489	5,642
<b>85+</b>	694	1,039	1,734

### Race/Ethnicity, Age 65 and over

White Alone	10,032	74.5%
Black or African American Alone	2,321	17.2%
American Indian/Alaska Native Alone	40	0.3%
Asian Alone	699	5.2%
Some Other Race Alone	174	1.3%
Two or More Races	207	1.5%
<b>Total</b>	<b>13,473</b>	<b>100.0%</b>
Hispanic (of any race)	831	6.2%

### Live Alone, Age 65 and over

4,959 older Alexandrians live alone; 3,448 women and 1,511 men. This does not include people who live in assisted living or nursing homes.

<sup>1</sup> American Community Survey, 2009-2013, 5 Year Estimate

**Grandchildren**, Age 65 and over

478 older adults are responsible for grandchildren under age 18

**Poverty Status**

A total of 2,002 Alexandrians age 55 and over live in poverty.

<b>55 to 64 years</b>	1,116	7.1% of the population 55 – 64 live in poverty
<b>65 to 74 years</b>	528	6.7% of the population 65 – 74 live in poverty
<b>75 years and over</b>	358	6.4% of the population 75+ lives in poverty

**Disability**

<b>Total Population 65+ with a disability</b>	3,480
<b>With a hearing difficulty</b>	1,099
<b>With a vision difficulty</b>	607
<b>With a cognitive difficulty</b>	829
<b>With an ambulatory difficulty</b>	2,323
<b>With a self-care difficulty</b>	874
<b>With an independent living difficulty</b>	1,421

**English Speaking**

	Total	Speak English "very well"	Speak English less than "very well"	Speak English "very well"	Speak English less than "very well"
<b><u>65 years and over</u></b>					
<b>Spanish or Spanish Creole</b>	727	258	469	35.5%	64.5%
<b>Other Indo-European languages</b>	851	429	422	50.4%	49.6%
<b>Asian and Pacific Island languages</b>	476	206	270	43.3%	56.7%
<b>Other languages</b>	571	318	253	55.7%	44.3%
<b>Total</b>	2,625	1,211	1,414		