



FEBRUARY | CLASSES FOR CAREGIVERS SERIES

upcoming
class

DESIGN FOR DEMENTIA

Wednesday, February 17, 2016

1:00 pm - 3:00 pm

THE ROLE ENVIRONMENT PLAYS ON BEHAVIORS IN DEMENTIA

Research has demonstrated the potential that environment plays in reducing Alzheimer's symptoms. When living with someone with dementia, design can be more than just picking out pretty colors, but also a way to improve quality of life! Learn more about what goes into designing a dementia friendly space, and how you can adapt these design principles for your own home.

PRESENTERS



Dr. Patrick Doyle, Brightview Assisted Living, is a gerontologist with expertise in ways to improve the quality of life for people with dementia, setting the industry standard for dementia care.



Joel Bednoski, Insight Memory Care Center, has most recently led Insight through a new state-of-the-art facility design to provide optimal care for those with dementia.

upcoming
workshop

PATH OF PROGRESSION IN ALZHEIMER'S

Thursday, February 11, 2016

3:00 pm - 4:00 pm

Join us for a discussion on what to expect as Alzheimer's disease progresses. While not everyone travels the same path, there are often commonalities that you can expect. Come and learn these guidelines to help you anticipate future challenges.

CLASSES FOR CAREGIVERS EDUCATION SERIES

These programs are a part of our ongoing Classes for Caregivers series. All sessions are FREE, and open to the public. Classes are held the third Wednesday of each month from 1:00 to 3:00 pm. Workshops are held the second Thursday of each month from 3:00 to 4:00 pm.

RESPITE

Respite care may be available by request; please notify us when registering to confirm availability.

LOCATION

Linda and Lou Mazawey
Education and Support Center
3955 Pender Drive, Suite 100
Fairfax, VA 22030

RSVP

Please contact Christi Clark at christi.clark@insightmcc.org or 703-204-4664. You can also register online at InsightMCC.org.