



FRIENDLY VISITOR POSITION DESCRIPTION

Position: Senior Services of Alexandria, Friendly Visitor
Volunteer.

Purpose: Friendly Visitors enhance the quality of life of clients by providing social interaction, mental stimulation, and emotional support to senior citizens residing in the City of Alexandria. The role of the Friendly Visitor is to reduce the individual's sense of isolation by helping to keep the senior connected with the community and the outside world. Your goal is to help individuals maintain feelings of independence and self-worth and, through weekly visits, increase their social contacts and connections.

Qualifications: Volunteers must have the ability to listen and to relate to people in a warm and friendly manner. Volunteers must be able to tolerate differing opinions and life styles. Volunteers must be reliable and agree to respect the confidentiality of the individual they are visiting. Visitors must also have a dependable mode of transportation.

Specific Duties: Volunteers should visit their seniors regularly and report any problems to Senior Services of Alexandria.

Time Requirements: Visits last approximately one to two hours. Occasional training sessions may be scheduled. A six-month commitment is desired.

Background Check: A criminal background check is required of all volunteers participating in the Friendly Visitor Program. Reference checks will also be conducted. All volunteers must provide 2 references.

Application Fee: An application fee of \$25 will be required of each Friendly Visitor volunteer.