



## ***“Groceries to Go”***

Senior Services of Alexandria is pleased to announce the addition of our newest program, Groceries to Go, a grocery delivery service available to seniors living in the City of Alexandria. This program is an important addition to SSA’s larger Senior Nutrition Program and complements SSA’s mission *to foster independence and self-sufficiency, enabling seniors within the City of Alexandria to age with dignity.*

### **To be eligible you must:**

- Be a resident of the City of Alexandria
- Be at least 60 years old
- Have a debit or credit card
- Have difficulty shopping on your own



### **Highlights of the program include:**

- No delivery fee.
- No minimum order required; however, a maximum may apply.
- Groceries are delivered every other Thursday.
- Groceries are ordered based off of *your personal shopping list*.
- We ask that you be available to accept the groceries between 10:30 a.m. and 12:30 p.m. on the grocery delivery day.
- Our volunteers deliver all groceries to your home and into your kitchen, and if requested to do so, will put groceries away and loosen lids as needed.

***Seniors interested in this program may contact SSA directly by calling (703)836-4414, x119 or by emailing: [groceries@seniorservicesalex.org](mailto:groceries@seniorservicesalex.org)***

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